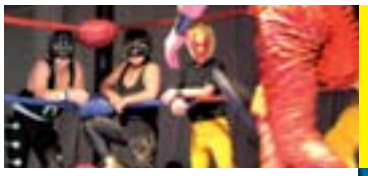


LIONS FINALLY GET THEIR BITE BACK
NOW IT'S TIME FOR THE PLAYOFFS {page 17}

DOWN SOUTH, THE FAMILY THAT SUPLEXES TOGETHER, STAYS TOGETHER {page 11}

MAN IN THE SILICONE MASK FACES HEARING
{page 4}

Vancouver's #1 GOLD BUYER
Record GOLD Buying Prices!

Drop in: M to F 9-6 | Sat 10-4
254 West Broadway
604-764-5134
www.vancouvergold.ca

VANCOUVER metro®
Monday, November 8, 2010
www.metronews.ca
News worth sharing.

Drunk driver to learn her fate

Crown seeking two- to five-year sentence in death of Delta tot ◆ Maximum for drunk driving causing death is life in prison ◆ Defence is expected to appeal

JEFF HODSON/METRO FILE

▶ Carol Berner leaves Surrey Provincial Court in July after being found guilty of drunk driving causing death.

KRISTEN THOMPSON
@METRONEWS.CA

A woman convicted of drunk driving in the death of a four-year-old Delta girl in 2008 will learn today how much time — if any — she will spend in jail.

Carol Berner, 58, was found guilty in July of impaired driving causing death and bodily harm for mowing down Alexa Middelaer and her aunt as the two fed a horse on the side of a Ladner road.

For more on this story, see page 3.

Get breaking news on the case via Twitter: Follow @vancouvermetro

Look who's back on TV

Conan set to return to the small screen tonight {page 9}

A good taste in his mouth

Local chef wins lifetime achievement award {page 12}

From a mine to the finish line

Chilean miner finishes New York City Marathon {page 6}

Fashion's kindest cut

Get your creative juices going, and help the planet {page 13}

Happy ending?

Twilight co-stars could be headed down the aisle {page 10}

LASER VISION CORRECTION
Starting at
$490 TAX
Financing Available

"For years I skated with the hassles and frustrations of glasses and contacts. In 2005, I had LASIK and the results were fantastic. Thank you LASIK MD for helping me compete at my very best!"
Joannie Rochette
LASIK MD VISION
FREE Consultation: 604-639-8088
www.lasikmd.com
VANCOUVER: 1281 West Georgia Street

Advancing your career just got a whole lot easier.

Registration for the CMA Accelerated Program closes December 10, 2010. That's only

33 days away.

The CMA Accelerated Program is a faster, more affordable alternative to traditional course work that bridges the gap between your degree and the CMA National Entrance Exam. Courses are available in-class and via distance learning or self-study to accommodate busy lifestyles.

As a CMA, your future is unlimited. You will have increased earning potential, career advancement and stability.

Find out more about becoming a Certified Management Accountant and the CMA designation at:

CMA Information Session
Every Thursday at noon
at the CMA BC office
1055- 555 Burrard St, Vancouver

CMA Workforce Panel
November 9, 2010
5:00 p.m. – 8:00 p.m.
Terminal City Club, Vancouver

Don't wait for success.

Contact Nicole Wears at 604.484.7005, nwears@cmabc.com to RSVP for these events. For more information visit cmabc.com.

CMA Certified Management Accountants™

®/™ Registered Trade-Marks/Trade-Marks are owned by The Society of Management Accountants of Canada. Used under license.

Get tougher on DUI: Mom

Carol Berner told undercover police she had three glasses of wine before getting behind wheel ● She hit a girl and the girl's aunt on Delta road

JEFF HODSON/METRO FILE

▶ Laurel Middelaer speaks to reporters outside Surrey Provincial Court.

KRISTEN THOMPSON
@METRONEWS.CA

The Middelaer family's fight for justice on behalf of their four-year-old daughter won't end today when the woman convicted of hitting the girl while driving drunk is sentenced.

After campaigning for tougher drinking and driving sanctions, Laurel Middelaer — whose daughter Alexa was hit and killed by Carol Berner in 2008 — said she's now focused on calling for stricter sentences.

HANDOUT

▶ Alexa Middelaer

"It's not about vilifying Carol Berner," said Middelaer yesterday. "We're looking at the big picture, and what message do light sentences send?"

Crown is asking Berner be given two to five years in jail, a comparatively light sentence given that British Columbia's new impaired driving laws are the toughest in Canada, said Middelaer.

She added that a new "zero tolerance" message isn't in line with drunk driving sentences.

"We have new goals of 35 per cent reduction in fatality, so sentences handed down should be in alignment with that goal," she said.

"We may not see results in our case but down the road we hope stronger messages are seen (in court)."

Thousands mourn paramedics in Tofino

About 2,500 people, including police officers, firefighters and military personnel from across Canada and Washington state attended a memorial service in Tofino Saturday for a pair of paramedics who died in a crash.

Jo-Ann Fuller, 59, and Ivan Polivka, 65, were on their way back to Tofino, after transporting a patient to Port Alberni, when they were killed on Oct. 19. Their ambulance jumped a barrier on Highway 4, tumbled down a cliff and landed in a lake.

THE CANADIAN PRESS

Crowns wants 7 years for assault

A man accused of sucker-punching a gay man, leaving him permanently disabled, is expected to be sentenced in Vancouver court today.

Shawn Woodward was found guilty in August of aggravated assault.

Crown is asking for up to seven years, arguing the attack was a hate crime. KRISTEN THOMPSON

VANESSA YEE/METRO FILE

▶ Shawn Woodward

Girl in hospital following stabbing

An Abbotsford girl is in serious but stable condition after being stabbed early yesterday morning.

Police say the incident happened in a residential area of Pandora Avenue.

The victim's age and identity have not been released, and there was no word of any arrests at deadline.

KRISTEN THOMPSON

Wall collapses, wrecks bakery

A cinder-block wall fell onto a Langley bakery late Saturday night, destroying it and seriously damaging two buildings next door, said Langley RCMP.

Police responded to a report of an explosion around 11:50 p.m. at 204th and Douglas Crescent. RCMP Cpl. Holly Marks said police found no evidence of an explosion, and they suspect the sound was created by the impact of the falling wall.

"The bakery is pretty much destroyed because the wall fell right down the centre of it," said Marks.

Langley RCMP do not suspect criminal activity, said Marks. It will now be up to structural engineers to find out why the wall fell, and up to the shop's insurance company to determine the cost of the damages.

Police held the scene overnight to protect the owners' property. Nobody was injured in the collapse.

STEPHANIE ORFORD

1 news

News on the move

1. Download the free ScanLife application with your smartphone at 2dscan.com
2. Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
3. The codes will direct your mobile browser to relevant content at **m.metronews.ca**

On the web at metronews.ca

Defence Minister Peter MacKay discusses Canada's future non-combat role in Afghanistan. Video at metronews.ca/canada

Follow us on Twitter @metrohalifax

SCANLIFE

The Queen has joined Facebook, but don't send a request. She won't be your friend. Scan code for story.

News in brief

Quaids' hearing today

REFUGEES? Randy and Evi Quaid are set to make another appearance at Vancouver's Immigration and Refugee Board today. The Hollywood couple is seeking permission to stay in the country, claiming they fear for their lives south of the border.
METRO

Teen hit by train

DUNCAN. A teenager was airlifted to a Vancouver hospital in serious condition after being hit by a train in Duncan. It's unclear what the youth was doing on the tracks.
METRO

Woman killed on highway

COLLISION. A 22-year-old woman is dead after being hit by an SUV while trying to cross Highway 1 in Chilliwack. Police say the driver was unable to stop in time and is not suspected of any crime. The victim was a passenger in a car that broke down on the highway early Saturday morning.
METRO

NPA approves five candidates

PARKS. The Vancouver NPA's board of directors has approved five candidates for its Nov. 20 nomination meeting. Council nominees Bill McCreery and Jesse Johl and school board candidate Sophia Woo will be automatically acclaimed. Casey Crawford and Melissa De Genova will vie to be parks board candidate.
MAE KAKIZAKI

Telus to reveal building plans

TOWER. Telus is set to unveil plans to construct a new office downtown, the Globe and Mail reported yesterday. The building, expected to be announced this week, could cost more than $500 million.
STEPHANIE ORFORD

Lawyer: 'Unusual, but so what?'

Attorney for refugee claimant accuses CBSA of 'playing dirty' Mandatory detention hearing today will focus on whether federal government has determined man's identity

Remove the mask, and the case of a young Asian man who boarded a flight to Canada elaborately disguised as an elderly white man is "completely typical" of the thousands of refugee claims made in this country every year, the man's lawyer said yesterday.

The unidentified man, who boarded an Air Canada plane in Hong Kong on Oct. 29 wearing a silicone mask that he removed during the flight, is scheduled to appear before the Immigration and Refugee Board in Vancouver today for a routine detention hearing.

That leak of an internal Canada Border Services Agency (CBSA) bulletin and several photographs of the man to the U.S.-based news network CNN prompted the man's lawyer to accuse Canadian officials of "playing dirty" and potentially putting the man in danger.

CBSA/THE CANADIAN PRESS

This combination photo shows a young man who disguised himself as an elderly man on a flight from Hong Kong to Vancouver aboard Air Canada on Oct. 29.

CBSA has since launched an investigation into who distributed the document.

Beyond that, said lawyer Lee Rankin, there's little to distinguish the case from the tens of thousands of refugee claims that Canada sees every year.

"I've dealt with people who've worn wigs, who've dyed their hair and changed their appearance to look like the document they've been provided," Rankin said. "It's a bit unusual, but so what?"

THE CANADIAN PRESS

Process

- Lawyer Lee Rankin denied the claim in the leaked CBSA bulletin that the man used an Aeroplan frequent-flyer card as his identification to board the plane.
- Air Canada has also called the suggestion "unfounded."
- Human smugglers were almost certainly involved, Rankin suggested.
- It can take a year or more for the Immigration and Refugee Board to determine whether an asylum seeker has a legitimate claim to stay in Canada.
- A report on CBSA's website says Canada had about 37,000 refugee claims in 2008. Of those, more than 8,000 were made at Canadian airports.

THE ALL-NEW 2011 JETTA
Lease from $199 /month for 48 months at 4.9% APR*
A small price to pay to make your neighbour jealous.

2011 Golf
$229 /month 48-month lease
3.9% APR*

2011 Tiguan
$329 /month 48-month lease
3.9% APR*

Das Auto.

vw.ca

*Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2011 Jetta Sedan 2.0L / 2011 Golf 3-door 2.5L / 2011 Tiguan 2.0T, base model with 5-speed manual transmission / 5-speed manual transmission / 6-speed manual transmission. $1,365/$1,365/$1,580 freight and PDI included in monthly payment. 48-month term. $41/$2,124/$3,226 down payment or equivalent trade-in, $250/$280/$380 security deposit and first monthly payment due at lease inception. Total lease obligation: $9,593/$13,116/$19,018. 64,000 kilometre allowance; charge of $0.15/km for excess kilometres. License, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Offers end January 3, 2011 and are subject to change or cancellation without notice. Dealer may lease for less. Dealer order/trade may be necessary. Visit vw.ca or your Volkswagen dealer for details. 2011 Jetta Sportline 2.5L as shown is $24,792. 2011 Golf 2.5L as shown is $25,265. 2011 Tiguan 2.0T as shown is $43,438. Models may not be exactly as shown. "Volkswagen", the Volkswagen logo, "Jetta", "Golf" and "Tiguan" are registered trademarks of Volkswagen AG. "Das Auto & Design" is a trademark of Volkswagen AG. © 2010 Volkswagen Canada.

Housing decision not democratic?

Cooperative Housing Federation of B.C. will run 84 social housing units Vancouver will rent out 172 units — half of the housing available — at market value

KYLE FARQUHARSON
VANCOUVER@METRONEWS.CA

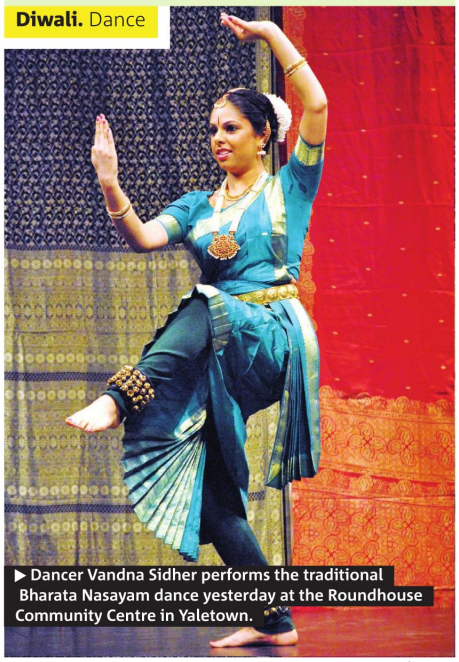
Vancouver city council's decision to transform a portion of the former Olympic Athletes Village into co-op housing for low-income families was undemocratic, represents an inefficient use of taxpayer dollars, and will not benefit those most in need, charged NPA Vancouver Coun. Suzanne Anton.

"This decision shows that the mayor doesn't believe in democracy," said Anton, who claimed the resolution involved virtually no public consultation.

Vision Coun. Geoff Meggs disagreed. "We had public consultations in April, and people have had ample time to express their views," said Meggs, who added that the determination was made with urgency because the city continues to lose money every day the Olympic Village sits vacant.

Initially, 21 housing units will be made available to low-income families under the auspices of the Cooperative Housing Federation of B.C.

Diwali. Dance



▶ Dancer Vandna Sidher performs the traditional Bharata Nasayam dance yesterday at the Roundhouse Community Centre in Yaletown.

KYLE FARQUHARSON/FOR METRO

A celebration of light

Yesterday's performances were the culmination of Vancouver's five-day Diwali celebrations. The holiday, a celebration of light, is observed by Hindus, Jains and Sikhs around the world. The city's annual Diwali celebration is in its seventh year.

Surrey man eighth at World Series of Poker

Surrey's Matthew Jarvis won $1.05 million this weekend as he played his way to an eighth place finish at the World Series Of Poker in Las Vegas.

Jarvis came one card from doubling his stack.

Short on chips, he moved all-in with a pocket pair of nines. His opponent, Michael (The Grinder) Mizrachi, called with an ace and a queen.

Jarvis finished with a full-house (nines and queens), but an ace on the final card gave his opponent the better full house (queens and aces).

THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

"You've got to play for the win — you can't put scared chips in there."
MATTHEW JARVIS

Media ethics fair turns 10

30 More than 30 independent local bloggers, artists and other media producers attended the fair.

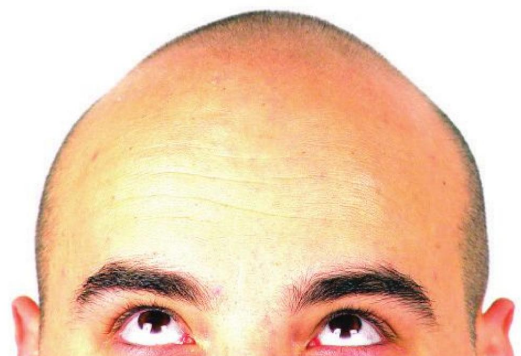
The 10th annual Media Democracy Day on Saturday was the most successful yet, said organizer Tyler Morgenstern.

Citizens of all stripes packed workshops over capacity at the Vancouver Public Library's central branch. Speakers discussed "the importance of establishing a media system that doesn't just work to the interest of advertisers, but actually puts the interest of community representation first," said Morgenstern.

STEPHANIE ORFORD

Recycling bins can't read.
metro
News worth sharing.

INTERNET on the fly
PEPPER WIRELESS
Exclusive Dealer fido
ACTIVATION FEE IS ON US! SAVE $35 LIMITED TIME OFFER
$0 The 3G Mobile Internet Stick
With 2-year Fido Agreement and Data Add-on
NEW
> Internet EVERYWHERE** with no need to find a hotspot!
> Speeds up to 21 Mbps!
> Enjoy 2 months of UNLIMITED DATA, with NO CONTRACT necessary!
Vancouver Locations
1st Ave Market
3189 Main Street
Broadway and Cambie
Shopping Mall Locations
Aberdeen Centre, Rmd
Lansdowne Centre, Rmd
Yaohan Centre, Rmd
Shopping Mall Locations
Central City Centre, Surrey
Crystal Mall, Burnaby
Royal City Centre, New West
Offers subject to change without notice. Early cancellation fees apply. *Valid on new activations with a 2- or 3-year Fido Agreement, until February 7, 2011. A credit for the entire amount of the $35 Activation Fee will appear on your first invoice. **Not available in all areas. The device will also work at a slower speed outside the 3G coverage area on our GPRS/EDGE network, which covers 94% of the Canadian population. Visit fido.ca/coverage for coverage details. Additional data transmission will be charged at 5¢ per MB. Data plans are applicable in Canada only. While roaming in the U.S., data transmission charges of 0.6¢ per KB apply. While roaming internationally, data transmission charges of 3¢ per KB apply. Any additional MB over 5 GB cost 5¢ per MB. Flexible rate option is applicable in Canada only. While roaming in the U.S., data transmission charges of $3 per MB apply. While roaming internationally, data transmission charges of 3¢ per KB apply. ™Fido & design are trademarks of Fido Solutions Inc., used under license. All other brand names and logos are trademarks of their respective owners. © 2010 Fido Solutions Inc.

HAIR LOSS?
DO YOU KNOW WHY?
There are many causative factors that can trigger hair loss – hormonal imbalance, stress, illness, side effects of some prescription drugs, and other reasons. Recent research indicates a chemical enzyme (DHT – Dihydrotestostorone) gets too close to the follicle and temporarily paralyses it, which action allows fatty deposits and cellular debris (waste products) in. This prevents blood and oxygen from properly nourishing the hair follicle. If the follicle is not clean they may degrade and in time stop producing hair. These, and other recent advances in hair loss research have led us closer to better understanding why men and women lose hair. For over 25 years, the Specialists at Micron Laboratories have dedicated their clinical expertise towards helping men and women understand hair loss.

Make an appointment for Microscopic Hair Analysis TODAY!
MICRON LABORATORIES
Since 1985
BBB BC Mainland
VANCOUVER
604-730-1744
228 - 973 West Broadway
(Broadway & Oak)
micronvancouver@shaw.ca
BURNABY
604-444-GROW (4769)
232 - 9600 Cameron Street
(behind Lougheed Mall)
micronburnaby@shaw.ca
Monday to Friday 11am-7pm, Saturday 10am-3pm
Toll free: 1-877-784-HAIR (4247) • www.miconlabs.com
BURNABY • KAMLOOPS • KELOWNA • TORONTO • VICTORIA • VANCOUVER

WWI veterans honoured at Vimy Ridge memorial

- Young Canadians make pilgrimage to France
- Students serve as guides at Vimy, Beaumont-Hamel

KEVIN SCANLON/THE CANADIAN PRESS

▶ Montrealers James Gallagher, left, Robert Stinziani, centre, and Anthony Ferro, at the Canadian National Vimy Memorial in France yesterday.

Three Montreal buddies, who had promised themselves for years they would make the pilgrimage, carried bouquets and fought back tears as they joined 800 other people yesterday at Remembrance Week ceremonies at the Canadian National Vimy Memorial.

It was an eclectic group who huddled in the raw cold: serving Canadian soldiers stationed in Europe, local French dignitaries, veterans and their families, and a class of 10-year-old French schoolchildren from nearby Douai who had spent weeks learning to sing O Canada.

Bloc Quebecois Leader Gilles Duceppe, on a 10-day working tour of Europe, joined the procession.

But the most striking note was the presence of dozens of younger Canadians, some who had travelled great distances.

They came despite the passage of time that's eroding memories. A new poll from The Historica-Dominion Institute suggests Canadians know the most about the current war in Afghanistan rather than earlier conflicts.

Montrealers Robert Stinziani, James Gallagher and Anthony Ferro brought flowers to the Vimy memorial, the final stop in a tour of Canadian war sites in France. THE CANADIAN PRESS

Battle of Somme

On Saturday, 200 people gathered for services at Beaumont-Hamel, considered hallowed ground to Newfoundlanders.

On July 1, 1916, the first day of the Battle of the Somme, of 801 Newfoundlanders who went into battle, only 68 answered the roll call the next day.

N.Y.C. MARATHON

Miner finishes marathon

A Chilean miner ran, walked and hobbled his way to the finish line of the New York City Marathon, showing the determination that helped him survive more than two months trapped underground.

Edison Pena needed bags of ice for his knees as he made his way over the 42-kilometre course yesterday. The 34-year-old was among the 33 miners rescued last month after spending 69 days entombed 700 metres underground.

World-record holder Haile Gebrselassie announced his retirement on a day that signalled the rise of a new Ethiopian star: Gebre Gebremariam won the men's title in his marathon debut. THE ASSOCIATED PRESS

PIANO'S NEW LEADING MAN
MOCCIO
COMPOSER/CO-WRITER OF CANADA'S 2010 OLYMPIC THEME SONG "I BELIEVE"
and CELINE DION'S "A NEW DAY HAS COME"
FIRST LIVE PERFORMANCE IN VANCOUVER
TONIGHT!
VANCOUVER PLAYHOUSE (QUEEN ELIZABETH THEATRE COMPLEX)
TO CELEBRATE HIS NEW ALBUM RELEASE COLOR
TOP 5 ALBUM CHART POSITION AND #1 POP ALBUM ON iTUNES
WE INVITE YOU TO
MOCCIO'S SOLO PIANO CONCERT
FREE ADMISSION
(GENERAL SEATING IS LIMITED, PLEASE ARRIVE EARLY)
for more information
www.stephanmoccio.com
check out moccio's piano contest
at showusyourcolor.com
BIJOU RECORDS
available now at stores everywhere

Stock markets hold on to strong gains

Canadian earnings season winding down ◗ TSX up more than 8% since August ◗ Indexes jumped last week

Stock markets look set to rack up another week of gains as investors anticipate more pleasing earnings from the Canadian corporate sector and take comfort from signals showing better economic conditions.

Indexes jumped smartly last week, with the TSX ahead two per cent and the Dow industrials up 2.92 per cent to their best levels since September 2008.

Investors bid stocks higher as the Federal Reserve offered more measures aimed at helping a faltering economy, the U.S. election delivered few surprises, manufacturing data from China and the U.S. came in better than expected and to cap it all, October job creation in the U.S. came in better than expected.

"The election outcome was in line with market expectations and the Fed was in line with market expectations, the economic data was generally much stronger than expected, even the auto sales numbers which in October hit a post cash for clunker high of 12 million," said John Johnston, chief strategist, The Harbour Group at RBC Dominion Securities.

"So what you're seeing (is), we're in a slowdown and the underlying measures of economic activity are showing firming."

THE CANADIAN PRESS

Dollar news

The Canadian dollar closed just below parity with its American counterpart Friday.

The loonie finished up 0.2 of a cent at 99.96 cents US after going as high as 100.08 cents US as traders also took in worse than expected Canadian jobs data for October.

A good excuse to sleep in — twice

Apple says the end of daylight savings time could cause problems for iPhone users.

The company says on its website that repeating alarms set on iPhones and some versions of the iPod touch may not recognize the end of daylight saving time and may work incorrectly shortly before or shortly after the time change yesterday. Apple is releasing an update of the software later this month to address the glitch.

THE ASSOCIATED PRESS

PAUL SAKUMA/THE ASSOCIATED PRESS

▶ Even the iPhone has trouble with time changes.

Market moment

PRICES AS OF 4 P.M. EDT FRIDAY

DOLLAR	Natural gas 1,000 cu ft
+ 0.20 ¢ (99.96¢ US)	$3.937 (+ 0.81¢)
	Gold contracts $1,397.70 (+ $14.60)
OIL	**TSX**
+ $0.36 US ($86.85 US)	+ 46.32 (12,925.11)

9-1-1 is for emergencies only. Visit ecomm911.ca to find your local non-emergency number.

E-Comm 9-1-1 Help us help.

The Bloodmobile in your neighbourhood:

LONDON DRUGS
NOV. 8 • 875 Park Royal Mall, West Van. • 10:00 - 14:15

LONDON DRUGS
NOV. 9 • 875 Park Royal Mall, West Van. • 10:00 - 14:15

VANCOUVER PUBLIC LIBRARY
NOV. 12 • 731 Homer St., Van. • 09:30 - 3:45

1 888 2 DONATE (1-888-236-6283)

Canadian Blood Services it's in you to give

metro

Home Phone Lines

Enhanced $14.95 month
12 FREE FEATURES INCLUDING

Unlimited Canada $19.95 month
UNLIMITED Calling to Canada

One-Rate $29.95 month
UNLIMITED Calling to Canada and U.S.A.

FREE Voice Mail
FREE Caller ID
FREE Call Waiting
AND MUCH MORE

6 MONTHS FREE
Limited Time Offer

ADD
UNLIMTIED INDIA
TO ANY COMWAVE HOME PHONE PLAN
Unlimited Calling
$19.95 /month

1-866-543-5122
comwave
www.comwave.ca

HOME PHONE LINES 9-1-1 has certain limitations versus traditional 9-1-1... Home Phone Plans are based on a 1 year term... Offer terms and conditions apply, see www.comwave.ca for details.

RULES *AREN'T* MADE TO BE BROKEN

Urban Compass

PAUL SULLIVAN

OK, it was a clever trick, disguising yourself as a grumpy but harmless old guy, slipping through security and smuggling yourself to Vancouver.

No one notices grumpy harmless old guys — to that I can testify — and nobody noticed the 20-something who managed to sneak on Air Canada Flight AC018 last week with fake or borrowed papers and a fake face.

Somehow, he managed to fool billion-dollar airport security in Hong Kong. Let's pause for a moment and admire the guy's ingenuity.

Then, let's give our heads a shake and send him home.

The annual quota of tricksters has already been exceeded by the Tamils, who turned up on the beach in September and are now going through due process as guests of the Canadian taxpayer, that is, you and me.

I don't want to sound like a grumpy old man, but when did playing fair and by the rules go out of fashion? The guy has applied for asylum, and I assume at some point we will get his side of the story, but he's already got a lawyer.

That was fast.

And his lawyer is already trotting out the excuses, blaming "human smugglers." Human smugglers, we all agree, are bad people, but like drug dealers they prey on human weakness; in this case, a weakness for Canadian soil and a lack of patience when it comes to going through the hoops of legitimate immigration.

"It would be tragic if even one of them was unable to realize the dream of coming to Canada because of one guy's reluctance to wait his turn."

It is relatively easy to come to Canada — but not easy enough for some people to wait their turn. I have to admit, I don't have a lot of time for people who cut in line, whether it's at the border or Starbucks.

So how hard would it have been to march the guy down the hall to the next flight to Hong Kong, put him on the plane and even give him a free bag of peanuts and a movie?

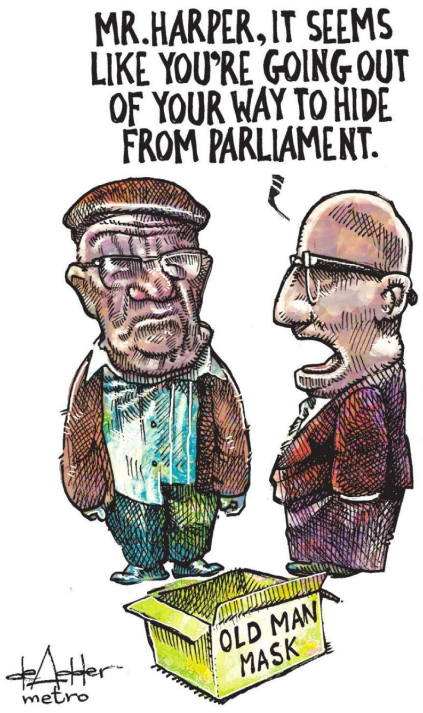
Impossible, apparently. So now we have another guest, like it or not. And he could be here for years as his refugee claim is processed, taking up the time and resources meant for people who wait patiently at the front door.

Last week, I talked to a group of new Canadians at an English class, people from dozens of countries who went through the hoops and are working hard to make their way. It would be tragic if even one of them was unable to realize the dream of coming to Canada because of one guy's reluctance to wait his turn.

Really.

Cartoon

MICHAEL DE ADDER



May be time for a change

Letters & Tweets

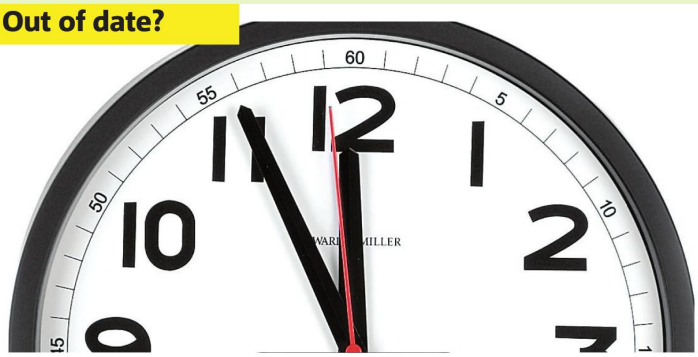
We asked: Should we drop daylight time?

TORONTO. Yes. I don't believe we save a darn thing. How can it? Sure, it's lighter in the mornings, but it's still dark enough that you have to use the lights to get ready for work and it's darker earlier in the evenings. **ANN FAGAN**

TORONTO. We definitely should drop daylight time.

It causes inconvenience since most countries have cancelled daylight time or never started it. It causes lots of trouble to adjust body routines for the first week of each change. That means we spend two weeks in every 52 weeks to adjust to this man-made trouble. The world is already complicated. Why should we add more complexity in it? **JIAO JIANG**

Out of date?



Re: Mike Artelle letter (Nov. 5)

TORONTO. Mike, here's what I think: (1) You must be a same-sex supporter; and (2) your comments are just as discriminating as Jessica Napier's article (I looked at a girl ... and liked it, Nov. 2). She was expressing her opinion, just like you're expressing yours. What might be "creepy" and "weird" to her may not be to you. I get that. (But) aren't you exemplifying the very definition of disrespect? **KENNY CHENG**

What's the appropriate date to decorate for Christmas?

Email
vancouverletters@metronews.ca
Twitter
@vancouvermetro

Metro has the right to edit letters and submissions.

metro

METRO VANCOUVER • #250 - 1190 Homer Street • Vancouver, BC • V6B 2X6 • T: 604-602-1002 • Fax:604-648-3222 • Advertising number: 604-602-1002
metronews.ca/vancouver/advertise
metronews.ca/vancouver/contactus
Publisher Maryse Lalonde, **Managing Editor** Jeff Hodson, **Distribution Manager** George Acimovic
METRO CANADA: Group Publisher Bill McDonald, **Editor-in-Chief** Charlotte Empey, **Deputy National Editor** Fernando Carneiro, **Associate Managing Editor** Tarin Elbert, **Scene/Life Editor** Dean Lisk, **Asst Managing Editor** Amber Shortt, **Art Director** Laila Hakim, **Nat'l Sales Director** Peter Bartrem, **Interactive/Marketing Director** Jodi Brown

Metro Minute with B.C. authors

Who were British Columbia's first authors and what did they see? Why did they come here and why did they stay?

Venture into B.C.'s past through the eyes of B.C. authors tonight with Alan Twigg, author of the book series The Literary Origins Of British Columbia.

Twigg will talk about 150 B.C. books and their authors, who documented the province's storied past.

The books include extracts from writers' works, as well as old images and photographs of the authors and their subjects.

The event is free at the Vancouver Public Library's Central Branch, 350 W. Georgia St., today from 7-8:30 p.m.

STEPHANIE ORFORD

BILL KWOK/FLICKR

▶ The Vancouver Library's Central Branch will host Alan Twigg, who will talk about the history of B.C. authors.

ART STREIBER/ASSOCIATED PRESSX

▶ Conan O'Brien returns to late-night TV with his new show, Conan.

Can Conan O'Brien conquer TV, again?

After his Tonight show departure, O'Brien went viral. Now, he returns to late night.

Timing is key in comedy, especially for one formerly unemployed talk-show host. While Conan O'Brien's departure from Tonight was a sorry mess, it was in sync with the growing influence of social media.

His extensive use of Twitter and Facebook gave O'Brien a direct pipeline to fans, keeping him in a computer-generated spotlight.

With tonight's debut of his TBS show, Conan, O'Brien will learn if being an online sensation can help to foster ratings success in cable TV.

There's no question the online universe drastically affected O'Brien's post-Tonight life. With an NBC settlement agreement that included an extended ban on TV appearances, O'Brien found he could keep followers intrigued with messages on Twitter and Facebook. Then there's the Team Coco website, giving the public show details that include the guest list.

"I was supposed to be in the wilderness, but I carried on this relationship that in some ways seemed more meaningful than any relationship I've had in television," he said.

The question now is will online fans tune in for Conan or wait to see it online? TBS is making it easy, announcing the show will be posted online the morning after it airs.

But that means ratings take a hit. O'Brien averaged 2.5-million viewers during his Tonight tenure, a number that would be welcomed by TBS. The bar for success isn't overwhelmingly high, said analyst Steve Sternberg. If O'Brien can increase the under one-million nightly viewers George Lopez was getting for TBS at 11 p.m., then Conan will "probably be considered successful," Sternberg said.

What about the possibility of booking wars?

"I've made a lot of friends over the years. I've always been pretty much able to have most of the people I wanted on the show ... I don't think that's going to change," O'Brien said. THE ASSOCIATED PRESS

Conan's timeslot

When can you catch Conan?

- **Canadians will get the show later than Americans** CTV has tweaked its schedule so Conan won't air until midnight ET on the Comedy Network and 1 a.m. on CTV.
- **Conan's first guests** The show kicks off with Seth Rogan and Jack White.

Creator of $#*! My Dad tells critics to tweet off

Canadian comic Will Sasso is shrugging off critics of his Twitter-inspired hit sitcom, $#*! My Dad Says, saying the show's consistent ratings triumphs are speaking louder than any bad review.

The series has generated some of the most terrible TV reviews of the new season, but Sasso says he'd much rather take cues from the audience that is making the series a modest hit on CTV and CBS.

"Comedy is subjective. There's a lot of people watching the show and it's won its time slot every week that it's been on, so that's a review in my mind," says Sasso, who portrays the son of a crusty war veteran, played by William Shatner.

$#*! My Dad Says helped push CBS to the number one spot in prime-time, and earned a full-season pickup from the U.S. network after just one month on air. And it did so even though none of the 26 critics listed on metacritic offered a positive notice.

▶ Will Sasso

TV expert Marc Berman says the average viewer just wants to be entertained by a conventional premise: A son moves in with his cantankerous father, a second son visits often with a wacky wife.

"It's not brain surgery. There's nothing wrong with that," says Berman, a Mediaweek columnist.

Sasso says his new show is unique in that it's inspired by real people, whose lives have already been well-documented through show creator Justin Halpern's Twitter page and spinoff book.

Still, Berman credits much of the success of $#*! My Dad Says to the juggernaut crowd-pleaser The Big Bang Theory, which immediately precedes the show on Thursday nights. THE CANADIAN PRESS

2 scene

Scene in brief

A fan of NBC's Law & Order: Criminal Intent has been convicted in New York on one of two counts charging him with stalking star Kathryn Erbe.

Jurors deliberated less than a day before reaching the split verdict Friday against Charles Nagel in federal court in Brooklyn.

Prosecutors say the 36-year-old man began stalking Erbe in 2008 by trying to hug her while she was filming on location in Manhattan.

Authorities say once he was rebuffed, he began composing creepy missives about her on a social network.

The 44-year-old Erbe testified that she was scared because she thought Nagel was obsessed with her.

Nagel took the stand to say it was all a misunderstanding. THE ASSOCIATED PRESS

Advocacy: Pamela Anderson is in Israel to promote fur ban and meet with ultra-Orthodox leaders

Celebrity tweets

Kanye West [@kanyewest] All my fans have really supported me through the dark times and I wanna thank yall for the constant motivation

Craig Ferguson [@Craigy Ferg] I've got an under the skin zit on my nose that is invisible but I can feel. It's like I have a guilty secret. Which I do. My love of ham.

Katy Perry [@katyperry] Oh... My...Gosh... this just brought a sweet tear to my eye! Teenage Dream on GLEE makes my heart go WEEEEE!

Conan O'Brien [@Conan OBrien] Extremely hot in L.A. today. Just more proof of God's plan to wipe out the California Irish. METRO

Robert set to pop the question?

Source claims Pattinson will propose to Stewart during Twilight filming Actor is designing the ring himself

GETTY IMAGES

Twilight co-stars Robert Pattinson and Kristen Stewart.

Robert Pattinson is reportedly hard at work designing a wedding ring for Kristen Stewart, according to the National Enquirer.

But the press-shy pair aren't hurrying to the altar — yet.

"Rob wants to design the ring himself," a source says of the ring, which is to be used for their characters' wedding scene in the next Twilight film. "He feels their on-screen nuptials will be a very special and personal moment, even though it's supposedly make believe."

But the source claims Pattinson is planning on having the ring pull double duty: "The plan is that when the cameras stop rolling after their on-screen nuptials, romantic Rob will drop to one knee and slip his designer ring on his real-life love as he proposes marriage," the source says. METRO

GETTY IMAGES

Lily Allen

Allen ill with blood poisoning

Just a week after losing her pregnancy, Lily Allen has been hospitalized for blood poisoning, according to Hollyscoop.

"She is responding well to treatment and her condition continues to improve," her rep says in a statement. "Lily thanks everyone for their messages of support and again asks that she and partner Sam Cooper be left alone whilst she recovers."

Allen was rushed to the hospital Friday night. METRO

Perry plays up sexuality

Katy Perry says she enjoys playing up her sexuality, but she's not about to bear all.

"I like to play (the sexy) card because it's fun and definitely in my deck, but I like to tease," she tells Cosmopolitan. "I'm like a burlesque girl. I definitely won't be doing a Playboy spread." METRO

Age doesn't exist for Carey

GETTY IMAGES

Mariah Carey

Mariah Carey considers herself timeless — or at least ageless. When asked about turning 40 by the Times, the singer responded, "Who turned 40? I have no idea what you're talking about turning 40 — I'm 12."

And the pregnant singer insists she's not talking about just feeling young.

"No, I am 12. Honestly, I don't think I'm normal. I don't think my life has been quite normal, I disregard time," she said. "I don't have birthdays, literally. If anyone wished my happy birthday, I'd be like, 'Who are you talking to?'" METRO

Car Accident Injury

Let us help you recover from ICBC.

Do NOT settle for less.

FREE Consultation

Percentage Fees Available

Call Steve Anderson 604-736-9791
Personal Injury Lawyer

GET FIT WITH A FRIEND WHILE LOOKING FABULOUS THIS FALL!
YOU COULD WIN
ShāToBu
THE WORKOUT YOU WEAR
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

WHAT A DIFFERENCE A DERMAL DAY MAKES.

DERMAL DAYS - MONDAY, TUESDAY AND WEDNESDAY ONLY

Buy any 2 laser hair removal or skin rejuvenation treatments and get your 3rd treatment FREE*.

Dermal Laser has been recognized with numerous awards and is renowned for their highly trained Certified Laser Technicians and advanced laser technology. Come celebrate Dermal Days with us.

Come in for a **complimentary consultation** at any of our four Lower Mainland locations.
Call **604.638.SKIN (7546)** or visit **dermallaser.com**

Over 13 years experience | Medical-Grade FotoFacial RF™ | Medical-Grade Peels | Skin Tightening | Physician-directed BOTOX® and Dermal Fillers | Laser Hair Removal | Microdermabrasion

WINNER, EXCELLENCE IN LASER HAIR REMOVAL CATEGORY

Dermal LASER CENTRES

*Offer expires Dec. 19, 2010. Does not apply to physician services, physician-directed services or injectables. Not valid with any other offer. One offer per client. Ask in-store for details. Offer valid on treatments over $129.

ROSS D. FRANKLIN/THE ASSOCIATED PRESS

▶ Families have embraced Lucha Libre Mexican wrestling nights, part of Lucha Libre Internacional Gladiadores Unidos, at family friendly venues in Phoenix.

Tough lucha love

Family night at the wrestling ring ◐ For some bonding, nothing beats the cursing of lucha libre ◐ Americans in the Southwest embracing lucha libre as one of their cultural tradition

Adorable Yuki, a hefty figure in pink and black spandex, soaks in the cheers and ear-splitting screams from the crowd. Tonight, the wrestler has a trick — or rather a treat — up his sleeve.

To celebrate the Mexican holiday, El Dia del Nino (Kids' Day), Yuki hurls handfuls of candy into the audience. Kids make a dive for it, then are back in their seats — joining their parents in booing and yelling at the referee to shut up.

Bodies, not candy, are what tend to go flying at a lucha libre wrestling match. But in heavily Hispanic cities such as Phoenix, some parents are choosing the decades-old Mexican form of free fighting as a way to gain some quality time.

Little kids can swear and flash the middle finger during what are sometimes violent matches. Mothers typically have one eye on a fight and the other on a stroller.

"When you're at a movie, it's quiet and relaxed. Here you can yell, scream and get all the anger out of you. You can have fun and all that," said Ernesto del Real, who has taken his wife and three of his children, ages five to 11, to body-slamming bouts on Friday nights.

The profanity and pummelling might appal non-Hispanic families. But anyone familiar with lucha libre would know it's part of the spectacle.

"When you're at lucha libre, you shout obscenities, insult people, act in ways that wouldn't necessarily be acceptable elsewhere," said Heather Levi, an assistant professor in anthropology at Temple University. "I remember the time I was sitting in front of woman who was teaching a three-year-old to do it. It was like, 'OK, now you say...'"

Lucha libre has been rooted in Mexican popular culture since the 1930s. Wrestlers wear colourful masks and personas.

The genre gained more notice when it was showcased on TV and in B movies.

"Children were not allowed into arenas (in Mexico City) until the mid-1980s," said Levi, author of The World of Lucha Libre: Secrets, Revelations, and Mexican National Identity.

Now, she said, "In Mexico, people bring their children, their grandparents."

In the Southwest, it seems that people are seeing lucha libra as a cultural thing, "really embracing it as something Mexican they take their kids to," said Levi.

For some kids who have grown up in the U.S., watching Jack Black in Nacho Libre, has been the extent of their lucha libre exposure. Seeing authentic luchadores go at it has been a bonding experience.

THE ASSOCIATED PRESS

Lucha Libre

Lucha libre is a form of professional wrestling, rooted in Mexico.

What is it? Mexican wrestling is characterized by rapid sequences of holds and moves, as well as high-flying moves, some of which have been adopted in the United States, and colourful masks.

3 life

Bieber

You can dream of Justin Bieber as a company launched a pyjama line inspired by the pop star. Sears Canada carries the Bieber apparel and accessories for girls.

THE ASSOCIATED PRESS

Facing 72 per cent rate of unwed mothers, U.S. blacks explore reasons and answers

A warming recipe for chilly days

Veal and white beans make this soup nutritious Add a roll and some fruit for a whole meal

Leeks, leafy greens, tomatoes, white beans and ground veal pack a nutrient punch in this simple soup. It can be made in advance and reheated before serving.

Add a whole-grain roll and a piece of fruit for a quick, healthy, energy-sustaining meal.

Preparation:

1. In a large saucepan, cook ground veal with salt and pepper over medium-high heat, breaking into small pieces, until no pink remains, about 10 minutes.
2. Add leeks and cook until tender but not browned, about 5 minutes. Stir in rosemary and bay leaves.
3. Pour in chicken broth and bring to a boil.
4. Add in chard and reduce heat to maintain a simmer; cook for 10 minutes.
5. Stir in tomatoes and beans and heat through, about 5 minutes. Let sit for 10 minutes before serving.
6. Serve garnished with shaved Parmesan cheese and lemon zest.

THE CANADIAN PRESS

Ingredients:

- 750 g (1 1/2 lb) ground veal
- 2 ml (1/2 tsp) each salt and pepper
- 500 ml (2 cups) chopped leeks (white and light green parts only)
- 15 ml (1 tbsp) chopped fresh rosemary
- 2 bay leaves
- 1.5 l (6 cups) chicken broth
- 1.5 l (6 cups) chopped Swiss chard, kale or spinach
- 500 ml (2 cups) canned tomatoes
- 250 ml (1 cup) rinsed and drained canned white beans
- Shaved Parmesan cheese, for garnish
- Lemon zest, for garnish

▶ Veal and white bean soup

6 portions
Prep and cooking time: 40 min.

Cooks & books honoured

Two stellar culinary books that have had a lasting impact on Canadian cuisine were honoured Friday at the Canadian Culinary Book Awards.

Winners of the second annual Canadian Culinary Landmarks Hall of Fame Award were Carol Ferguson and Margaret Fraser for A Century of Canadian Home Cooking: 1900 through the '90s. The book was published by Prentice Hall Canada in 1992.

The second was Kate Aitken's Canadian Cookbook, published in 1945 by The Montreal Standard.

The 13th annual awards ceremony, held on the opening day of the Royal Agricultural Winter Fair, in Toronto, was sponsored by Cuisine Canada and the University of Guelph.

▶ Vancouver restaurateur and chef John Bishop won the Edna Staebler lifetime achievement award.

Two people who have contributed greatly to cuisine in Canada were also honoured.

John Bishop, chef, restaurateur and cookbook author, won the Edna Award, named for the late food writer Edna Staebler. His Kitsilano restaurant, Bishop's, specializes in local fare. The Edna is a lifetime achievement award given to an individual who has contributed to the promotion of regional cuisine and who exemplifies the region through his or her work.

Canadian culinary icon Elizabeth Baird, whose career spans nearly four decades, was the recipient of Cuisine Canada's Founders Award for her lifetime of service to the culinary community of Canada.

THE CANADIAN PRESS

Winners

Winners in the English cookbook category:

- **GOLD** Laura Calder for French Taste: Elegant Everyday Eating (Harper Collins).
- **SILVER** Anna Olson for Fresh with Anna Olson: Seasonally Inspired Recipes to Share with Family and Friends (Whitecap Books).

Winners in the English special interest category:

- **GOLD** David Sax for Save the Deli: In Search of Perfect Pastrami, Crusty Rye and the Heart of the Jewish Delicatessen (McClelland and Stewart).
- **SILVER** Tony Aspler for Tony Aspler's Cellar Book: How to Design, Build, Stock and Manage Your Wine Cellar Wherever You Live (Random House Canada).

YORK HOUSE SCHOOL
Est. 1932

CONGRATULATIONS YORK HOUSE GRADS 2010!

WILL YOUR DAUGHTER BE IN THE CLASS OF 2016?
Grade 8 scholarships are available! Please contact our Director of Admissions, Mabel Lim, for more information at mabel_lim@yorkhouse.ca or 604.730.2419.

Curried chicken and rice burritos

Preparation:

1. Heat oven to 200 C (400 F). Spritz a large baking dish with cooking spray.
2. Remove meat from chicken, discarding bones and skin. Chop any large pieces of meat into bite-size pieces.
3. In a large bowl, whisk together coconut milk, curry powder, lemon juice, salt and pepper. Add chicken, paneer and onion, tossing to coat. Mix in rice.
4. Microwave tortillas for about 10 seconds to make them more pliable.
5. One at a time, place each tortilla flat on the counter. Spoon about 175 ml (3/4 cup) of the chicken mixture down the centre of the tortilla. Fold both ends in, then roll up.
6. Place each burrito, seam side down, in prepared baking dish. When all of the burritos are assembled, spritz tops with cooking spray.
7. Bake burritos for 15 to 20 minutes. Serve with mango salsa or chutney.

THE ASSOCIATED PRESS

Ingredients :

- 1 rotisserie chicken (about 1 kg/2 1/4 lb)
- 250 ml (1 cup) coconut milk
- 15 ml (1 tbsp) curry powder
- 5 ml (1 tsp) lemon juice
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) black pepper
- 125 g (4 oz) diced paneer
- 1 medium red onion, diced
- 500 ml (2 cups) cooked basmati rice
- 8 large (burrito size) flour tortillas
- Mango salsa chutney

▶ Do-it-yourself fashion is growing as people are finding new ways to save money, look great and have unique outfits.

Get creatively green by recycling your clothes

▶ Taking old clothes and re-purpose them with a few cuts ▶ Allows you to add some individuality to your wardrobe ▶ Get inspired, save some money

JESSICA LEWIS
LIFE@METRONEWS.CA

People have been recycling clothing for as long as we can remember. From hand-me-downs to taking up hemlines to sewing a button back on, the do-it-yourself fashion once reserved for small fixes is finding its way to stores, websites and catwalks. And you can be a part of it simply by using what's already in your closet.

Whether you call it recycling, re-fashioning, re-purposing, reclaiming or something else, it's an act of showing off your individuality. It is also a good way to take a stand against consumer culture.

Tara White, founder and designer of Embody Clothing, which is sold across Toronto and Ottawa, says that she began making clothing because she didn't like the kinds of fashion sold in malls.

"I found it really uninspired, and it seemed like everyone was wearing the same uniform," she says. "I liked the idea of when I'd make something, it would be one-of-a-kind. I started making clothes for myself, started making more and then was selling."

Tina Sparkles, a designer in Austin, Texas, recently released a book named Little Green Dresses, with 50 patterns for all different kinds of outfits.

"I feel really passionate about how our consumer culture is messing things up in the world and I think that gaining an awareness of that is important and I want to help spread that word," she says.

Sparkles feels that the idea of being eco-friendly can be too expensive and limiting, but people are still interested in being green. If you don't want to use your own clothes, you can go to a thrift store, garage sale or even set up a clothes swap with your friends.

"It takes your own time and creativity," she says. "My inspiration comes from a lot of places. I love looking at vintage clothing and the old shapes and tiny details, trying to figure out a way to incorporate them into something new."

If you're interested, start off small. Find a cheap of clothing at Value Village that you have no qualms with ripping apart. You may get something out of it you'll love.

Queen of Green

LINDSAY COULTER

SEND YOUR QUESTIONS TO QUEENOFGREEN@METRONEWS.CA
DAVIDSUZUKI.ORG/BLOGS/QUEEN-OF-GREEN

HOW TO AVOID BPA

As a mother who cannot breast-feed, I'm wondering what are the effects of bisphenol-A (BPA) in canned baby formula?
Heidi from Edmonton

Bisphenol-A or BPA is a human health concern because of its ability to mimic estrogen. It's an industrial chemical used primarily in polycarbonate plastic. You might remember in 2008 when our federal government banned BPA from plastic baby bottles. But BPA is also in the epoxy resins lining our canned goods, and it becomes hazardous to our health because it refuses to stay put and migrates into food like baby formula. So, in addition to replacing your plastic baby bottles with BPA-free plastic or glass, choose powdered baby formula. Canadian tests show no BPA leaching into powdered formula, which is good news for moms. Or, look for liquid formula sold in glass or BPA-free plastic. There is good news for all Canadians when it comes to concerns about this hormone-disrupting chemical. This fall, Canada secured a world first — a formal designation of BPA as "toxic." This means our government now has a stronger authority to ban BPA in consumer products. In the meantime, we should all buy fewer canned foods. According to Statistics Canada, more than 90 per cent of Canadians have detectable levels of BPA in their bodies. Choosing alternative packaging like glass jars or buying fresh, frozen or dried fruits and veggies will reduce your exposure. Dried beans, for example, have great flavour and texture, and you can control the salt and sugar content.

David Suzuki Foundation

DIVER SWAPS SNORKEL FOR PINT GLASS

Brian Titus used to defuse underwater bombs for a living. A little dangerous? Sure. But the former navy lieutenant and self-professed risk taker says the work prepared him for his next venture in life; starting his own business.

His turning point came while watching a television show about two brothers in Fredericton, N.B., who had given up law careers to start their own craft brewery. Brian always had a taste for unique beers and he was intrigued. He drove to Fredericton the next day to talk to them. "As I drove back to Halifax that night I was writing my business plan in my head."

The first few years were filled with long hours and hard, back-breaking work. "There were times when I would sleep at the brewery. I delivered every keg of beer that I had cleaned. I did the sales, the installation of the equipment, and all the invoicing and paperwork." He also had to work with the provincial government and a lawyer to change the rules so he could sell his beer. Now Garrison Brewing Company is thriving with a great waterfront location in downtown Halifax offering 13 different beers and seasonal specialties.

Titus encourages everyone to go after their career goals but cautions that you need to go into business with your eyes open. "The first step is selling yourself and being realistic to see if you have what it takes. The second step is selling everyone around you so they become believers too."

From bombs to beer. Now that's what I call a turning point.

Titus Tips

1. After seeing how rich you'll be if everything goes right, re-run the budget in the negative & see if you're still interested.
2. Boil your business and product pitch down to 30 seconds — after that you start to lose peoples' attention.
3. Find a patient mentor, someone who can keep you grounded and give common sense guidance.
4. Be prepared to adjust your plan quickly — it's the beauty of owning a small business.
5. Don't second guess once you've committed, just get it done!

by the numbers

- **The beer industry** employs 205,000 Canadians.
- **Canadian beer** drinkers pay the second highest taxes in the world; Norway is first.
- **Canada is** one of the top 10 largest beer exporters in the world.

▶ Brian Titus

FLIGHT CENTRE
SALES CONSULTANT - TRAVEL
Are you ready to start a new career and an exciting adventure?

FOIRE DE L'EMPLOI
JOB FAIR
Collège EDUCACENTRE College
Mardi 9 novembre, 2010
Tuesday November 9th 2010
13h à 17h
1pm to 5pm
896 ouest 8th avenue
Vancouver
www.educacentre.com • 1-800-747-4825
The French College in British Columbia

Skills Connect For Immigrants Program
WANT A JOB THAT USES YOUR SKILLS AND EXPERIENCE?
We Can Help Put Your Skills To Work!
Call Us To Find Out More About:
Language Development, Training, Job Search and Connecting to Employers!
www.training-innovations.com/skillsconnect
TRAINING innovations
604.298.4720, ext. 278
Canada | BRITISH COLUMBIA | WelcomeBC
The Skills Connect for Immigrants Program is part of the WelcomeBC umbrella of services, made possible through funding from the Government of Canada and the Province of British Columbia.

Innovative.
Like you.
New ideas, new technology and new ways of teaching have made **Athabasca University** Canada's leader in online and distance education. With over 700 courses in 90 different programs available anytime and anywhere, we deliver learning solutions that are tailor-made for you.
Learn more at
www.athabascau.ca.
Athabasca University

THE VIDEO EVERYONE'S TALKING ABOUT
Visit metronews.ca to watch
metrotube

▶ Great job hunters know how to amplify their job search into a group effort.

Networking is key to starting job hunt

DREW HINSHAW
LIFE@METRONEWS.CA

No job hunter should brave the wilderness all alone — that's what friends are for.

The vast online jungle of job boards can fool the unemployed into confusing job seeking for a solitary art, practiced in privacy, while the rest of society mingles over coffee. But if good job seekers know how to mass e-mail resumes from their bedroom window, then great job hunters know how to amplify their job search into a group effort — by roping cousins, colleagues and utter strangers into their quest for that hidden trove of unadvertised openings.

"There's probably eight million jobs out there that nobody knows about," Careerealism.com founder J.T. O'Donnell says.

"That's because businesses are saying 'I'm not going to publish the position, but, boy, if the right person crossed my desk, I would pull the trigger and invest.'"

Crossing that desk at the serendipitous instant requires more than chance — it takes a knack for hassling old pals for new job leads without them even realizing what's happening.

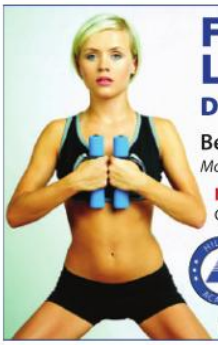
Start by easing in, Connecting With Success author Kathleen Barton recommends.

"Send them a personal message, 'How's your job going,' something to that effect," she suggests. "That gets the conversations started. Then you can share with them an update, that you're in a career transition and looking for something new."

"Don't directly ask somebody for a job," concurs Generation-Y careers blogger Lindsay Pollack. "You want to meet up with people for advice, you want to chat and discuss current events in your industry, but you do not want to show up, shove a resume in someone's face and say, 'I need a job.'"

Mostly, she says, because that smacks of desperation — and while you're looking for a job, becoming ever more penniless, frustrated, and despondent, businesses are looking for can-do spunk.

RESIDENT CARE ATTENDANT
BC Government approved Curriculum & 8-week Practicum
• The Most Competitive Tuition Fee - $5900
• Student Loans Available & EI Funding Accepted
• Job Placement Assistance Provided
Daytime, Evening and Weekend Classes
www. rcit.edu
Royal Canadian Institute of Technology
Vancouver 604-879-5676 Surrey 604-588-7248


FITNESS LEADERSHIP
DIPLOMA PROGRAM
Become a Personal Trainer
Morning, Afternoon & Evening Classes
EARN UP TO $70/HOUR
Govt financial aid may be available
Hilltop Academy
604-930-8377
www.hilltopacademy.ca

Ready for your MBA?
Vancouver MBA Conference
Wednesday November 10, 2010, 3:30pm-10:00pm
Marriott Vancouver Pinnacle Downtown
MBA Panel Discussions, School Presentations, MBA Fair, GMAT Strategy Session
THE MBA TOUR
Your future begins here
Register today! TheMBATour.com
Cranfield, CUHK, HEC Montréal, HKUST, Hult International, IE, McGill, McMaster, Queen's, Richard Ivey, Simon Fraser, Univ of Alberta, Univ of British Columbia, Univ of California, San Diego, Univ of Saskatchewan, Univ of Toronto, Univ of Toronto, Mississaugua, Univ of Victoria, Univ of Windsor, York - Schulich

Get Industry Certification. Get a Job.

- Construction Technician
- Civil Infrastructure Design
- IT/Network Admin/Software Developer
- RCA / HCA
- Business & Accounting
- International Trade/FITT/CIFFA

FREE INFORMATION SESSIONS WEEKLY - CALL FOR DETAILS

604.430.5608
www.vancollege.com
VANCOUVER CENTRAL COLLEGE
Get Industry Certification. Get a Job.

SFU SIMON FRASER UNIVERSITY
CONTINUING STUDIES

READY FOR SFU NOW

Degree courses for busy adults in downtown Vancouver and Surrey on Nights Or Weekends.

INFORMATION SESSION
SFU Vancouver
November 17, 5:30–6:30 pm
515 West Hastings Street, Vancouver

Please contact us to reserve your seat.

— Lyssa, student, SFU NOW

SFU NOW: NIGHTS OR WEEKENDS
www.sfu.ca/degree | sfunow@sfu.ca | 778-782-8655

DEPARTMENT of EDUCATIONAL STUDIES

UBC's Department of Educational Studies (EDST) is a hub of internationally recognized research, teaching and community engagement. At EDST we are committed to lifelong education that emphasizes leadership, policy and equity. We offer Masters of Arts, Masters of Education, EdD and PhD programs.

EDST's mission is to provide an innovative, flexible educational environment that respects the knowledge and experience of our students. We offer programs on-campus, off-campus cohort programs, an international online program, summer and evening courses. Deadlines for some of our programs are **December 1st**.

Interested? Come visit us at edst.educ.ubc.ca/welcome

a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA
EDST

▶ Training in a skilled trade can be your ticket to live and work just about anywhere.

Trades have freedom to work anywhere

Exploring programs can help you make the right choice

For Brad Doran-Veevers, no two days are quite the same. At 30 years old, he's a professional carpenter and runs his own contracting company, doing everything from demolition to finishing.

"Every day is different for me, and that's part of the reason that it's so enjoyable," says Brad.

Brad didn't always know what he wanted to do. "After high school, I started a recreation and leisure diploma at Algonquin College, but didn't finish," he says. "After that, I started to work for a renovation company."

Brad eventually went back to college, finished his diploma and completed a co-op term in Whistler, B.C. "Although that was a great learning experience, I soon realized that it wasn't the path for me," he says. "I went back to the same renovation company, which then led me to my apprenticeship." That apprenticeship led him to a career as a carpenter.

Brad's story is quite common. According to a 2009 report from the Canadian Council on Learning, just under half of college and university students don't follow the traditional path. This could mean attending more than one educational institution, switching programs or subject areas, or leaving school and then returning at a later date. Just over half of post-secondary students graduate from the program and school where they first began their studies.

Exploring different programs of study can help prospective students make an informed decision. CanLearn.ca provides search tools and information about jobs and wages, schools, and scholarships.

more details

To explore the possibilities, visit CanLearn.ca/explore.

Brad is a big supporter of working in the trades. "The trades are your ticket to live anywhere, travel and work, stay active, and continuously learn," he says. "I have travelled around Canada, and I've worked with people that have been all over the world."

But he knows his college experience helped him get there. "Going to school at 19 is a good experience," he says. "In college or university, they want you to think for yourself."

Still, Brad is happiest "working on the tools," as he calls it. "There's a lot of opportunity to explore, and you get paid to do it."

NEWS CANADA

ULI Universal Learning Institute

Office Administration Diploma • IT Certification Diploma
Computerized Accounting Software

Flexible Scheduling, Start Monday!
E/I Supported Training
Multiple campuses to serve you better
SkyTrain Accessible

PCTIA ACCREDITED

604-248-1242 • www.uli.ca

TONY DEJAK/THE ASSOCIATED PRESS

Browns 34, Patriots 14
Rookie quarterback Colt McCoy scrambled for a touchdown, Peyton Hillis hammered for a career-high 184 yards and two scores and the Cleveland Browns pounded the New England Patriots 34-14.

Well rested after their bye week, the Browns ended New England's five-game winning streak and did it decisively, outplaying one of the NFL's top teams for 60 minutes.

ANDY KING/THE ASSOCIATED PRESS

Vikings 27, Cards 24 (OT)
Brett Favre rallied the Vikings from 14 points down to tie it with 27 seconds to play in regulation time, then drove them into position for Ryan Longwell's 35-yard game-winning field goal for a 27-24 overtime victory over the Arizona Cardinals. Favre threw for a career-high 446 yards with two touchdowns and two interceptions for the Vikings.

LEON HALIP/GETTY IMAGES

Jets 23, Lions 20 (OT)
Mark Sanchez threw a 52-yard pass to Santonio Holmes to set up Nick Folk's 30-yard field goal, lifting the New York Jets to a 23-20 overtime win over the Detroit Lions.

Sanchez scored on a quarterback sneak with 2:46 left in regulation and led a nine-play drive that set up Folk's 36-yard kick to send the game into OT. THE ASSOCIATED PRESS

NATHAN DENETTE/THE CANADIAN PRESS

▶ B.C. Lions quarterback Travis Lulay runs the ball past Hamilton Tiger-Cats defensive end Stevie Baggs on Saturday.

Lions focus on the future

With a playoff spot secured, team looks to put 1-7 start behind it
Next up is game against Roughriders, whom they beat last week

A horrible 1-7 start to the season is history for the B.C. Lions.

It's the future they are focused on now.

A team that flirted with disaster midway through the season is headed to the CFL West semifinal against the Saskatchewan Roughriders next weekend at Mosaic Stadium.

Wide receiver Emmanuel Arceneaux said the Lions, who ended the regular season with three consecutive wins in can't-lose games, are like a rumbling freight train.

"I have a sense momentum is building," said the soft-spoken Arceneaux, one of a handful of players at the Lions practice facility yesterday. "This B.C. team is dangerous right now. If we just keep focused and finish and execute, there is a lot that can be done.

"We have put those first six or seven games behind us, like they never existed."

The Lions (8-10) will have little time to savour finishing third in the West and making the playoffs for the 14th consecutive season. The players have today off, then it's back to practice tomorrow.

"What you do is deflate," said a weary looking Wally Buono, the Lions coach and general manager. "You need to get through your emotions of the last 10, 11 weeks.

"Then you need to regroup. Now is a whole new season for everybody. This football team is battle-ready. It's won a lot of big games on the road against some very good teams. It should be ready for what's ahead."

Saturday was a long, tense day for the Lions.

It began with B.C. battling from behind to defeat the Hamilton Tiger-Cats 23-21 at Ivor Wynne Stadium. The Lions then had to wait for the Roughriders (10-8) to do them a favour and beat the Edmonton Eskimos 31-23 in Regina.

The loss dropped the Eskimos to 7-11 and out of the playoffs.

Many of the Lions players and coaching staff watched the Saskatchewan game in a restaurant-bar at the Toronto airport before flying home.

Buono opted for dinner away from any television sets.

"It's too nerve wrecking," he said with a chuckle. "Coaching one game a day is plenty.

"I saw the last minute. That was enough for me."

The Riders thumped B.C. twice early in the season by a combined score of 74-31. An improved Lions team beat Saskatchewan 23-17 Oct. 31 in Vancouver.

Buono said the Lions have risen to Saskatchewan's level.

"The first two games were totally different," he said. "They were a very polished team. They were a good football team.

"Now, when you go into the playoffs, the field is even." THE CANADIAN PRESS

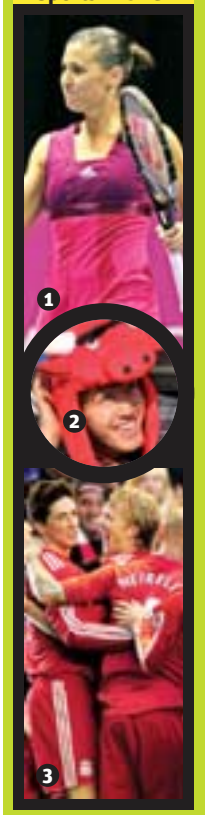
Rough start

The Lions entered September at 1-7. The only reason they had remained in playoff contention was that the Eskimos had been just as bad.

- B.C. finished the season 7-3, but even during that stretch the Lions floundered.
- They gave up 21 fourth-quarter points to lose in overtime to Winnipeg on Oct. 11. A week later, the Lions lost in overtime to Edmonton.
- Wally Buono admitted there were times in those games it was hard to keep believing the playoffs were possible.
- "When you watch the lead disappear in Winnipeg, to give up that many points in that short period of time, you can't say you didn't shake your head and sometimes you were in disbelief," he said.

4 sports

Sports in brief



1 Flavia Pennetta routed 18-year-old CoCo Vandeweghe 6-1, 6-2 to give Italy its second straight Fed Cup final victory over the U.S.

2 Sebastian Vettel won the Brazilian Grand Prix yesterday.

3 Liverpool stunned league leader Chelsea 2-0 yesterday to move into the top half of the Premier League. THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Washington	14	10	4	0	0	47	34	20	7-1-0-0	3-3-0-0	7-3-0-0	W4
d-Philadelphia	15	9	4	2	0	45	34	20	6-3-0-0	3-1-2-0	7-2-1-0	L1
d-Montreal	14	8	5	1	0	34	33	17	3-3-1-0	5-2-0-0	6-4-0-0	L1
Tampa Bay	13	7	4	2	0	39	39	16	3-1-1-0	4-3-1-0	4-4-2-0	L3
Boston	11	7	3	0	1	33	20	15	2-2-0-1	5-1-0-0	7-2-0-1	L2
NY Rangers	14	7	6	1	0	38	38	15	2-4-1-0	5-2-0-0	6-4-0-0	L1
Ottawa	14	7	6	1	0	36	40	15	4-3-0-0	3-3-1-0	6-4-0-0	W3
Atlanta	14	6	5	1	2	44	51	15	2-3-0-1	4-2-1-1	4-3-1-2	L2
Pittsburgh	15	7	7	1	0	43	39	15	2-4-0-0	5-3-1-0	5-4-1-0	W1
Carolina	14	7	7	0	0	42	44	14	3-2-0-0	4-5-0-0	5-5-0-0	W1
Toronto	13	5	5	1	2	31	34	13	3-3-1-1	2-2-0-1	2-5-1-2	L5
Florida	12	5	7	0	0	36	33	10	3-2-0-0	2-5-0-0	5-5-0-0	L1
NY Islanders	14	4	8	1	1	35	50	10	2-2-0-1	2-6-1-0	3-7-0-0	L7
Buffalo	15	4	9	2	0	37	48	10	0-6-1-0	4-3-1-0	3-6-1-0	W1
New Jersey	15	4	10	1	0	25	48	9	0-5-1-0	4-5-0-0	3-7-0-0	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-St. Louis	12	9	1	1	1	32	18	20	6-0-0-0	3-1-1-1	7-1-1-1	W7
d-Los Angeles	13	10	3	0	0	39	26	20	6-0-0-0	4-3-0-0	8-2-0-0	W4
d-Vancouver	13	8	3	0	2	40	32	18	6-0-0-1	2-3-0-1	7-2-0-1	W6
Detroit	12	8	3	0	1	39	32	17	4-1-0-1	4-2-0-0	6-3-0-1	L1
Chicago	17	8	8	1	0	50	51	17	4-4-0-0	4-2-1-0	4-6-0-0	L1
Minnesota	13	7	4	0	2	32	30	16	5-3-0-1	2-1-0-1	6-3-0-1	W3
Dallas	13	8	5	0	0	43	37	16	5-3-0-0	3-2-0-0	5-5-0-0	L1
Columbus	13	8	5	0	0	30	32	16	4-4-0-0	4-1-0-0	7-3-0-0	L1
Colorado	13	7	5	1	0	45	42	15	3-3-0-0	4-2-1-0	5-4-1-0	W1
Anaheim	15	7	7	0	1	40	50	15	5-1-0-1	2-6-0-0	6-4-0-0	W3
San Jose	12	6	4	2	0	34	30	13	3-2-1-0	3-3-0-0	5-5-0-0	W1
Nashville	13	5	5	3	0	31	38	13	2-1-3-0	3-4-0-0	2-5-3-0	L5
Calgary	13	6	7	0	0	35	38	12	4-4-0-0	2-3-0-0	5-5-0-0	L4
Phoenix	13	4	5	3	1	33	52	12	2-2-2-1	2-3-1-0	3-4-2-1	L2
Edmonton	12	4	6	0	2	34	41	10	2-4-0-0	2-2-0-2	2-6-0-2	W1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results
Washington 3 Philadelphia 2 (OT)
St. Louis 2 N.Y. Rangers 0
Edmonton 2 Chicago 1
Anaheim 5 Nashville 4
Saturday's results
Ottawa 3 Montreal 2
Vancouver 6 Detroit 4
Buffalo 3 Toronto 2 (SO)
Carolina 3 Florida 2
Chicago 5 Atlanta 4 (SO)
Colorado 5 Dallas 0
Los Angeles 4 Nashville 1
Minnesota 3 Columbus 2
Philadelphia 2 N.Y. Islanders 1
Pittsburgh 4 Phoenix 3 (SO)
San Jose 5 Tampa Bay 2
St. Louis 2 Boston 1 (SO)
Tonight's game
(All times Eastern)
Phoenix at Detroit, 7 p.m.
Tomorrow's games
Washington at N.Y. Rangers, 7 p.m.
Edmonton at Carolina, 7 p.m.
Vancouver at Montreal, 7:30 p.m.
Atlanta at Ottawa, 7:30 p.m.
Toronto at Tampa Bay, 7:30 p.m.
Calgary at Colorado, 9:30 p.m.
Anaheim at San Jose, 10:30 p.m.

OILERS 2, BLACKHAWKS 1

First Period
1. Chicago, Pisani 2 (Skille) 10:22
Penalty — Horcoff Edm (slashing) 19:54.
Second Period
No Scoring.
Penalties — Vandermeer Edm (holding) 2:46, Stortini Edm, Scott Chi (fighting) 14:50, Kane Chi (hooking) 16:09.
Third Period
2. Edmonton, Foster 2 (Hemsky, Whitney) 7:13 (pp)
3. Edmonton, Gagner 3 (Penner, Hemsky) 7:27
Penalties — Vandermeer Edm (roughing) 1:23, Stalberg Chi (slashing) 4:53, Hjalmarsson Chi (tripping) 7:05, Kopecky Chi (interference) 11:28.
Shots

Edmonton	9	8	9	26
Chicago	10	8	9	27

Goal — Edmonton: Khabibulin (W,4-6-1); Chicago: Crawford (L,1-4-0). **Power plays (goals-chances)** — Edmonton: 1-4; Chicago: 0-3.
Att. — 21,025 (19,717) at Chicago.

SCORING LEADERS

	G	A	PT
Stamkos, TB	11	11	22
Crosby, Pgh	9	10	19
Ovechkin, Wash	8	10	18
B.Richards, Dal	6	12	18
Sharp, Chi	10	7	17
Selanne, Ana	7	10	17
Getzlaf, Ana	6	11	17
Eriksson, Dal	9	7	16
D.Sedin, Vcr	9	7	16
C.Stewart, Col	9	7	16
H.Sedin, Vcr	2	14	16
Semin, Wash	9	6	15
Heatley, SJ	6	9	15
P.Kane, Chi	6	9	15
Perry, Ana	5	10	15
J.Thornton, SJ	5	10	15
Dubinsky, NYR	10	4	14
Giroux, Pha	7	7	14
Roy, Buf	7	7	14
Datsyuk, Det	6	8	14
St. Louis, TB	6	8	14
J.Williams, LA	6	8	14
Hejduk, Col	5	9	14
Ryan, Ana	5	9	14
Toews, Chi	5	9	14
Backstrom, Wash	4	10	14
Zetterberg, Det	3	11	14
Lidstrom, Det	1	13	14
Marleau, SJ	6	7	13
Byfuglien, Atl	5	8	13
P.Stastny, Col	5	8	13
Callahan, NYR	4	9	13
Ladd, Atl	4	9	13
M.Koivu, Minn	3	10	13
Letang, Pgh	3	10	13
M.Richards, Pha	3	10	13
Visnovsky, Ana	2	11	13
Ribeiro, Dal	0	13	13
Alfredsson, Ott	6	6	12
Neal, Dal	5	7	12
Stoll, LA	5	7	12
Skinner, Car	5	7	12
Cullen, Minn	3	9	12
Leino, Pha	3	9	12
Wisniewski, NYI	2	10	12
Keith, Chi	1	11	12
Hossa, Chi	7	4	11
MacArthur, Tor	7	4	11
Horton, Bos	6	5	11

NBA

EASTERN CONFERENCE

ATLANTIC DIVISION

	W	L	Pct	GB
Boston	6	1	.857	—
New York	3	3	.500	2½
New Jersey	2	4	.333	3½
Philadelphia	2	5	.286	4
Toronto	1	5	.167	4½

SOUTHEAST DIVISION

	W	L	Pct	GB
Atlanta	6	1	.857	—
Orlando	4	1	.800	1
Miami	5	2	.714	1
Washington	1	4	.200	4
Charlotte	1	5	.167	4½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	3	3	.500	—
Chicago	2	3	.400	½
Indiana	2	3	.400	½
Detroit	2	5	.286	1½
Milwaukee	2	5	.286	1½

WESTERN CONFERENCE

SOUTHWEST DIVISION

	W	L	Pct	GB
New Orleans	6	0	1.000	—
San Antonio	4	1	.800	1½
Dallas	3	2	.600	2½
Memphis	3	4	.429	3½
Houston	1	5	.167	5

NORTHWEST DIVISION

	W	L	Pct	GB
Denver	4	2	.667	—
Portland	5	3	.625	—
Oklahoma City	3	3	.500	1
Utah	3	3	.500	1
Minnesota	1	6	.143	3½

PACIFIC DIVISION

	W	L	Pct	GB
L.A. Lakers	7	0	1.000	—
Golden State	4	2	.667	2½
Phoenix	3	3	.500	3½
Sacramento	3	3	.500	3½
L.A. Clippers	1	6	.143	6

Yesterday's results
Philadelphia 106, New York 96
Phoenix 118, Atlanta 114
Detroit 102, Golden State 97
Houston 120, Minnesota 94
Boston 92, Oklahoma City 83
L.A. Lakers 121, Portland 96
Saturday's results
Orlando 91, Charlotte 88
Cleveland 107, Washington 102
Miami 101, New Jersey 89
New Orleans 87, Milwaukee 81
San Antonio 124, Houston 121, OT
Utah 109, L.A. Clippers 107,2OT
Denver 103, Dallas 92
Portland 97, Toronto 84
Memphis 100, Sacramento 91
Tonight's games
(All times Eastern)
San Antonio at Charlotte, 7 p.m.
Atlanta at Orlando, 7 p.m.
Golden State at Toronto, 7 p.m.
Denver at Chicago, 8 p.m.
Phoenix at Memphis, 8 p.m.
Boston at Dallas, 8:30 p.m.

LATE SATURDAY

BLAZERS 97, RAPTORS 84

TORONTO (84)
Kleiza 2-8 2-4 6, Evans 0-1 2-2 2, Bargnani 6-17 0-0 12, Jack 5-11 5-6 16, DeRozan 1-10 0-0 2, Barbosa 4-10 4-5 12, Andersen 0-3 0-0 0, Am.Johnson 2-3 3-3 7, Calderon 5-7 2-2 12, Wright 3-6 5-8 11, Dorsey 0-0 0-0 0, Banks 0-0 4-4 4. Totals 28-76 27-34 84.
PORTLAND (97)
Batum 7-14 3-4 20, Aldridge 9-18 4-4 22, Camby 3-5 2-2 8, Miller 1-4 4-4 6, Roy 9-19 8-8 26, Cunningham 2-5 2-2 6, Matthews 2-7 0-0 4, Marks 0-0 0-0 0, Ar.Johnson 0-0 0-0 0, Babbitt 1-2 1-2 4, Mills 0-1 1-2 1. Totals 34-75 25-28 97.

Toronto	17	17	25	25	84
Portland	18	27	28	24	97

3-Point Goals—Toronto 1-17 (Jack 1-3, Calderon 0-1, Wright 0-1, Andersen 0-2, Barbosa 0-3, Bargnani 0-3, Kleiza 0-4), Portland 4-16 (Batum 3-6, Babbitt 1-2, Mills 0-1, Roy 0-3, Matthews 0-4). Fouled Out—None. Rebounds—Toronto 51 (Evans 9), Portland 48 (Camby 16). Assists—Toronto 11 (Calderon 4), Portland 19 (Miller 13). Total Fouls—Toronto 27, Portland 27. Technicals—Portland defensive three second. Flagrant Fouls—Camby. A—20,363 (19,980) at Portland

SOCCER

MLS PLAYOFFS

FIRST ROUND
Conference Semifinals
(two-game aggregate goal total)
EASTERN CONFERENCE
New York vs. San Jose
(San Jose advances on 3-2 aggregate)
Columbus vs. Colorado
(Aggregate tied 2-2; Colorado advances 5-4 on penalty kicks)
Saturday's result
Second Leg
Colorado 1 Columbus 2
WESTERN CONFERENCE
Los Angeles vs. Seattle
(Los Angeles advance on 3-1 aggregate)
Last night's result
Second Leg
Los Angeles 2 Seattle 1
Real Salt Lake vs. FC Dallas
(FC Dallas wins series 3-2)
Saturday's result
Second Leg
FC Dallas 1 Real Salt Lake 1

ENGLAND

PREMIER LEAGUE

Yesterday's results
Arsenal 0 Newcastle 1
West Bromwich 0 Manchester City 2
Liverpool 2 Chelsea 0

LEAGUE CHAMPIONSHIP

Yesterday's result
Cardiff 0 Swansea 1

FRANCE

LIGUE 1

Yesterday's results
Lens 2 Montpellier 0
Lille 3 Brest 1
Nancy 0 Monaco 4
Nice 2 Toulouse 0
Paris Saint-Germain 2 Marseille 1

GERMANY

BUNDESLIGA

Yesterday's results
Bayer Leverkusen 3 Kaiserslautern 1
Hannover 0 Borussia Dortmund 4
Stuttgart 6 Werder Bremen 0

ITALY

SERIE A

Yesterday's results
Bari 2 AC Milan 3
Fiorentina 1 Chievo Verona 0
Juventus 3 Cesena 1
Lazio 0 AS Roma 2
Napoli 2 Parma 0
Palermo 1 Genoa 0
Sampdoria 0 Catania 0
Udinese 1 Cagliari 1

SCOTLAND

PREMIER LEAGUE

Yesterday's results
St. Mirren 1 Rangers 3
Hibernian 0 Hearts 2

SPAIN

LA LIGA

Yesterday's results
Almeria 1 Sporting Gijon 1
Getafe 1 Barcelona 3
Levante 1 Deportivo La Coruna 2
Osasuna 3 Hercules 0
Real Madrid 2 Atletico Madrid 0
Villarreal 4 Athletic Bilbao 1
Zaragoza 3 Mallorca 2

GOLF

HSBC CHAMPIONS

At Shanghai
Par 72
Final Round

Francesco Molinari, $1,200,000	65-70-67-67—269
Lee Westwood, $675,000	66-70-67-67—270
Richie Ramsay, $372,500	69-68-71-71—279
Luke Donald, $372,500	68-70-68-73—279
Rory McIlroy, $250,000	71-71-71-67—280
Tiger Woods, $145,714	68-72-73-68—281
Richard Green, $145,714	72-68-73-68—281
Retief Goosen, $145,714	70-74-69-68—281
Peter Hanson, $145,714	73-69-70-69—281
Fredrik Andersson Hed, $145,714	69-71-71-70—281
Paul Casey, $145,714	73-71-67-70—281
Ernie Els, $145,714	72-65-71-73—281
Ian Poulter, $90,000	70-70-73-69—282
Henrik Stenson, $90,000	67-74-72-69—282
Jaco Van Zyl, $90,000	71-66-72-73—282
Pablo Martin, $77,200	68-73-71-71—283
Charl Schwartzel, $77,200	74-70-67-72—283
Seung-yul Noh, $77,200	67-72-71-73—283
Padraig Harrington, $77,200	70-70-70-73—283
Ross Fisher, $77,200	69-70-69-75—283
Bill Haas, $68,000	72-71-72-69—284
Nick Watney, $68,000	72-68-74-70—284
Hunter Mahan, $68,000	70-73-71-70—284
Robert Allenby, $68,000	72-68-72-72—284
Brendan Jones, $60,200	76-72-69-68—285
Rickie Fowler, $60,200	71-74-72-68—285
Anthony Kim, $60,200	73-72-70-70—285
Adam Scott, $60,200	69-73-73-70—285
Tim Clark, $60,200	72-70-70-73—285
Ben Crane, $55,500	71-71-74-70—286
Martin Kaymer, $55,500	72-69-74-71—286
Yuta Ikeda, $55,500	67-75-76-68—286
K.J. Choi, $55,500	72-71-71-72—286
Robert Karlsson, $51,000	71-73-73-70—287
Richard Johnson, $51,000	70-70-77-70—287
Graeme McDowell, $51,000	74-71-73-69—287
Darren Fichardt, $51,000	73-72-70-72—287
Katsumasa Miyamoto, $51,000	69-75-77-66—287

CFL

WEEK 19

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Montreal	18	12	6	0	521	475	24
x-Hamilton	18	9	9	0	481	450	18
x-Toronto	18	9	9	0	373	442	18
Winnipeg	18	4	14	0	464	485	8

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
y-Calgary	18	13	5	0	626	459	26
x-Saskatchewan	18	10	8	0	497	488	20
x-B.C.	18	8	10	0	466	466	16
Edmonton	18	7	11	0	382	545	14

x — clinched playoff berth.
y — clinched division title.
Yesterday's result
Toronto 30 Montreal 4
Saturday's results
B.C. 23 Hamilton 21
Saskatchewan 31 Edmonton 23
Friday's result
Calgary 35 Winnipeg 32
End of regular season

WEEK 20

PLAYOFFS

Sunday, Nov. 14
Division Semifinals
East Division
Toronto at Hamilton, 1 p.m.
West Division
B.C. at Saskatchewan, 4:30 p.m.

TRANSACTIONS

HOCKEY

NHL

TAMPA BAY LIGHTNING—Reassigned F Blair Jones and D Mathieu Roy to Norfolk (AHL).

AHL

BRIDGEPORT SOUND TIGERS—Signed F Brandon Svendsen.

NFL

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	6	2	0	.750	182	130
New England	6	2	0	.750	219	188
Miami	4	4	0	.500	143	175
Buffalo	0	8	0	.000	150	233

SOUTH

	W	L	T	Pct	PF	PA
Tennessee	5	3	0	.625	224	150
Indianapolis	5	3	0	.625	217	168
Jacksonville	4	4	0	.500	165	226
Houston	4	4	0	.500	193	226

NORTH

	W	L	T	Pct	PF	PA
Baltimore	6	2	0	.750	175	139
Pittsburgh	5	2	0	.714	147	102
Cleveland	3	5	0	.375	152	156
Cincinnati	2	5	0	.286	146	163

WEST

	W	L	T	Pct	PF	PA
Kansas City	5	3	0	.625	183	145
Oakland	5	4	0	.556	235	188
San Diego	4	5	0	.444	239	197
Denver	2	6	0	.250	154	223

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Giants	6	2	0	.750	216	160
Philadelphia	5	3	0	.625	198	181
Washington	4	4	0	.500	155	170
Dallas	1	7	0	.125	161	232

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	6	2	0	.750	196	154
New Orleans	6	3	0	.667	201	151
Tampa Bay	5	3	0	.625	157	190
Carolina	1	7	0	.125	88	184

NORTH

	W	L	T	Pct	PF	PA
Green Bay	6	3	0	.667	221	143
Chicago	5	3	0	.625	148	133
Minnesota	3	5	0	.375	156	168
Detroit	2	6	0	.250	203	188

WEST

	W	L	T	Pct	PF	PA
St. Louis	4	4	0	.500	140	141
Seattle	4	4	0	.500	130	181
Arizona	3	5	0	.375	157	225
San Francisco	2	6	0	.250	137	178

WEEK NINE

Byes: Denver, Jacksonville, San Francisco, St. Louis, Tennessee, Washington
Yesterday's results
Atlanta 27 Tampa Bay 21
Baltimore 26 Miami 10
Cleveland 34 New England 14
Minnesota 27 Arizona 24 (OT)
New Orleans 34 Carolina 3
N.Y. Giants 41 Seattle 7
N.Y. Jets 23 Detroit 20 (OT)
Oakland 23 Kansas City 20 (OT)
Philadelphia 26 Indianapolis 24
San Diego 29 Houston 23
Green Bay 45 Dallas 7
At Toronto
Chicago 22 Buffalo 19
Tonight's game
(All times Eastern)
Pittsburgh at Cincinnati, 8:30 p.m.

WEEK 10

Byes: Green Bay, New Orleans, Oakland, San Diego
Thursday's game
Baltimore at Atlanta, 8:20 p.m.
Sunday, Nov. 14
Minnesota at Chicago, 1 p.m.
Tennessee at Miami, 1 p.m.
Detroit at Buffalo, 1 p.m.
Houston at Jacksonville, 1 p.m.
N.Y. Jets at Cleveland, 1 p.m.
Cincinnati at Indianapolis, 1 p.m.
Carolina at Tampa Bay, 1 p.m.
Kansas City at Denver, 4:05 p.m.
Dallas at N.Y. Giants, 4:15 p.m.
St. Louis at San Francisco, 4:15 p.m.
Seattle at Arizona, 4:15 p.m.
New England at Pittsburgh, 8:20 p.m.
Monday, Nov. 15
Philadelphia at Washington, 8:30 p.m.

Live NHL® games on Canada's best network.[1]

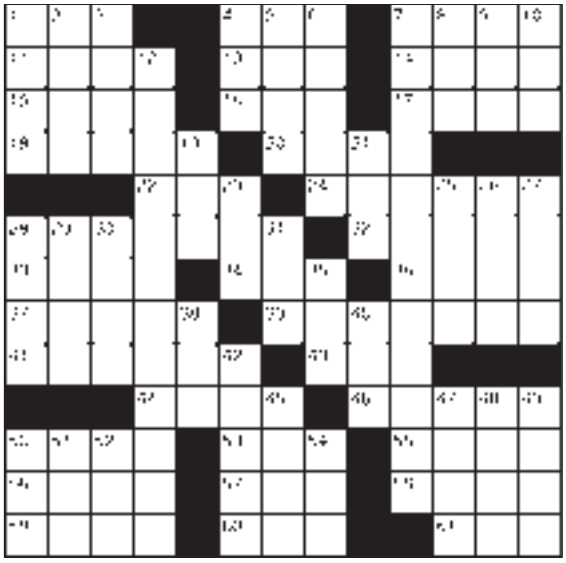
Watch live games, video highlights and more, only on Bell. Visit bell.ca/mobileNHL.

MOBILE TV SPORTS
$5/MO. for 10 hours/mo. All data fees included[2]

Bell

Offer ends December 31, 2010. Available with compatible devices within network coverage areas available from Bell Mobility. Subject to change without notice. Taxes extra. Other conditions apply. (1) Based on comparison of national networks: (a) fastest network, according to tests of average upload and download speeds in large urban centres across Canada, (b) largest network, based on total square kms of coverage, and (c) fewest call failures based on tests including network access failures, blocked calls and dropped calls in large urban centres across Canada; all on the shared HSPA+ network available from Bell, vs. Rogers HSPA/HSPA+ network. Excludes roaming partners' HSPA and GSM/Edge coverage in certain parts of Manitoba and Saskatchewan. Speed may vary due to topography, environmental conditions, device type and other factors. HSPA+ not available in all areas. Bell.ca/network. (2) Available in addition to a Bell Mobility post-paid plan. 10 hours/month; $1/hr thereafter. Sports content available for the current season, subject to change and black-out periods and other restrictions may apply. Limited content with certain devices, while roaming and during off season. Roaming charges (including foreign taxes) may apply outside your local area. Data charges may apply with CDMA BlackBerry smartphones. See bell.ca/mobiletv. NHL and the NHL Shield are registered trademarks of the National Hockey League. NHL team marks are the property of the NHL and its teams. © NHL 2010. All Rights Reserved. NHLPA, National Hockey League Players' Association and the NHLPA logo are trademarks of the NHLPA and are used under license by Bell Mobility Inc. © NHLPA.

Crossword



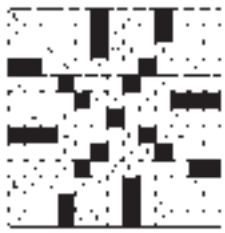
Across

1 "Explain that"
4 Recede
7 PC picture
11 Very excited
13 Book-spine abbr.
14 Undressed
15 — gin fizz
16 Away from WSW
17 Carey or Barrymore
18 Serf
20 Abominable Snowman
22 Steal from
24 Crown
28 Los Angeles team
32 Attack from concealment
33 Jai —
34 Intention
36 Operatic solo
37 Glacial ridge
39 Topic
41 Site of rapid development
43 Sticky stuff
44 Peruse
46 Bit of tomfoolery
50 Head light?
53 Old soldier
55 Franc replacement
56 Acknowledge
57 37-Across material
58 Winter forecast
59 Stitched
60 Female deer
61 Type measures

Down

1 Corned beef dish
2 Lecher's look
3 Warm fabric
4 Enos' granny
5 Skeletal
6 Evidence a pinprick
7 Harrison Ford role
8 Scoundrel
9 Praise in verse
10 Fresh
12 "Sweet" girl of song
19 Pirouette pivot
21 "— the season ..."
23 Lingerie item
25 Catastrophic
26 Grand story
27 Vegan's no-no
28 Morse code symbol
29 Margarine
30 Pub missile
31 Bro's relative
35 Beer vessel
38 Third letter
40 Squeezing snake
42 Goliath's vanquisher
45 Retro art style
47 Melody
48 Press
49 Bulls' mates
50 Owns
51 Rd.
52 Depressed
54 Golfer's prop

▶ Yesterday's answer



Sudoku

9		2	1				3	
				6				
				7	4			8
7		6			9	4		
8		4				5		2
		1	2			6		9
5			8	2				
				3				
	8				6	1		5

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

6	4	2	1	5	9	3	7	8
3	1	7	8	6	2	5	9	4
9	5	8	7	4	3	1	2	6
2	6	1	3	9	8	4	5	7
4	9	3	5	7	6	2	8	1
8	7	5	4	2	1	9	6	3
1	3	6	9	8	5	7	4	2
7	2	9	6	1	4	8	3	5
5	8	4	2	3	7	6	1	9

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

You mean world to me and make me think I have everything that I need. I am happy with you, Sue **TEI**

Sweetie, I feel so blessed to have an angel like you in my life. You're truly something special. I love you sooo muchh & I'm gonna cherish you always. Muah! **LOVE, PIECES ;)**

Babe,I hope your birthday is absolutely amazing and I can't wait for you to open my gift. You're amazing and deserve to have an incredible birthday. **<3 RABBIT** *[betcha thought I'd forget ;)]*

SugarBear, I want the whole world to know I love you and cherish every moment we share together. You are my rock, my lover, my best-friend and I look forward to sharing wonderful memories. **LOVE YOUR SNOWANGEL XOXO**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Put yourself in a loved one's hands and let them decide how you are going to spend the day. What you do is of less importance than the fact that you are doing it together.

♉ Taurus April 21-May 21 With Venus, your ruler, moving back into the work and wellbeing sector of your chart today you'll have a lot on your mind. Don't burden yourself with more than you can carry.

♊ Gemini May 22-June 21 A loved one won't be quite so distant emotionally today, which is good news if there have been barriers between you in recent weeks. If they open up to you then you must open up to them as well.

♋ Cancer June 22-July 22 What is right for you may not be right for someone else, and it is of the utmost importance that you remember that today. Make the effort to find out how and why people see things differently.

♌ Leo July 23-Aug.23 You have never been someone who is afraid to rock the boat a little, but now is not a good time to be confrontational, either in your personal affairs or at work.

♍ Virgo Aug. 24- Sept. 22 If you carry on pushing yourself too hard you will regret it later in the week. There is no doubt you are heading in the right direction and there is no doubt you will reach your destination, but you must give it time.

♎ Libra Sept. 23-Oct. 23 There is something you left unfinished a short while ago. Give some thought as to what it might be, then make a serious effort to complete it. Everything else can wait.

♏ Scorpio Oct. 24-Nov. 22 You seem to be of the opinion that you have failed in some way, that you have fallen short of the high standards you set yourself. Even if you have it's no big deal.

♐ Sagittarius Nov. 23-Dec. 21 Go out of your way to be friendly with people you work and socialize with. You don't have to do outrageous favours for them but you do have to recognize that they have dreams just like you.

♑ Capricorn Dec. 22-Jan. 20 Employers and other authority figures will go out of their way to help you today, but a part of you doesn't quite believe they are being honest about their intentions.

♒ Aquarius Jan. 21-Feb. 18 Do what feels good to you and, if others don't like it, do it some more! You have never been afraid to take a few risks and today you will test the boundaries. As far as you're concerned there are no boundaries.

♓ Pisces Feb. 19-March 20 You may be tempted to bury your feelings where no one can find them. That would be a mistake. You can't keep your desires secret indefinitely.

SALLY BROMPTON

Caption contest

DAVE ALLOCCA/THE ASSOCIATED PRESS

WIN!

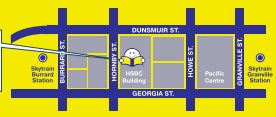
You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

FAREED KHAN/THE ASSOCIATED PRESS

WE SELL BOOKS FROM $1
CD'S FROM $2
DVD'S FROM $3

BOOK·OFF VANCOUVER STORE



636 HORNBY ST. 604-605-8887
A NEVER BEFORE SEEN USED BOOK STORE!
OPEN 7 DAYS A WEEK • 10am - 8pm

STOP HAIR LOSS
Spectral DNC - the world's most effective hair loss treatment.
Uses active ingredients to treat androgenic alopecia and other types of hair loss.
Clinically proven to regrow hair.
Suitable for men and women.

masc
604.688.4555
433 davie street
shopmasc.com

FLIGHT CENTRE Unbeatable

Anaheim Family Special
Air + 4 Nights
from $299◊
+ taxes & fees $92
INCLUDES *Disneyland* Resort area accom & breakfast.
Price per person based on family of 4.

1 866 519 5111 | flightcentre.ca

Conditions apply. Ex: Vancouver. Package price is per person, based on double occupancy for total length of stay. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change.

FUTURE SHOP exciting stuff

Thrilling to give. Thrilling to get.

Get Call of Duty: Black Ops at midnight!

Doors open at 11:59pm, Monday Nov.8.

Midnight opening special offers.

FREE Future Shop Exclusive Call Of Duty swag!*

FREE set of Black Ops dog tags for the first 50 people in line.

First 25 customers get a FREE Intec Camo Headset and Blu-ray copy of Rescue Dawn with purchase of any edition of Call of Duty: Black Ops.

First 100 customers get a FREE Black Ops Map

Visit **futureshop.ca/blackops** for more details.

Save $120

299.99 Bundle

XBOX 360

Turtle Beach

250GB Xbox 360 Console, Call Of Duty: Black Ops, and EarForce X11 Gaming Headset

* Doors open at 11:59pm November 8, at all stores except Sudbury and Quebec which open November 9 at 8am. Quantities will be limited. While supplies last. No rainchecks. See online for details.

Prices and product in effect November 9, 12:01am – 1:30am or while supplies last. No rainchecks, 2010. References to savings or sale prices are comparisons to Future Shop regular prices. Prices and payments are subject to applicable taxes before programming credits. **ADVERTISING POLICY:** Some products in this ad may be slightly different from illustrations. Not all products are available in all stores. Future Shop is committed to accurate pricing. Website prices, products, and promotions may differ from our retail store offerings. Future Shop reserves the right to correct errors. Special offers cannot be combined or applied to previous purchases. We reserve the right to limit quantities. Terms and conditions subject to change without notice.